



1st Annual New Bridge Worldwide Virtual Conference on Emotional Well-Being

Building Healthy Relationships in Everyday Life

PROGRAM

10:00*	Welcome Address	Andrew Derry, April Scott & Elisabeth Escobar
10:20*	Main Conference Room: Keynote 1	dr. Danilo Pesić Learning Inhibition: A “How To” Guide
11:10*	Breakout session 1	Option A April Scott: Improve Your Relationships with Mental Fitness Option B Paula Bernal: Empathy Strategies to Promote Healthy Relationships Option C Jane Rumsby: The Importance of Building Community in Order to Build Diverse Meaningful Relationships
11:55*	Lunch Break	

* Central European Time (CET)

12:40*	Main Conference Room: Keynote 2	dr. Katja Košir Peer Group Relationships in Adolescence
13:30*	Breakout session 2	Option A dr. Urška Žugelj: Living a Mobile Life: How to Build Relationships That Matter Option B Maja Lyon: How Adolescents Search for Identity and Navigate Crucial Relationships Option C Joanna Bylinka-Stoch: Emotional Wellbeing at School: The Role of Relationships in Student Engagement
14:20*	Breakout session 3	Option A Vesna Kostić: Emotional Intelligence and Development of Relationships in Everyday Life: The Search Inside Yourself © Approach Option B Elisabeth Escobar: Healthy Communication: It Starts in the Family
15:10*	Main Conference Room: Keynote 3	dr. Milica Pejović Milovančević Brain Development in Childhood and Adolescence: How It Affects Relationships and What to Do About It
16:00*	Main Conference Room: Closing remarks	