

The 1st Annual
New Bridge Worldwide

Virtual Conference on
Emotional Well-Being

*Building Healthy Relationships
in Everyday Life*

Saturday May 7th, 2022, 10:00 – 16:15 CET

REGISTER HERE

You are invited to enjoy a group of speakers with deep experience in psychology, education, coaching, and the mind-body connection.

There will be three keynote speakers and three breakout sessions with your choice of multiple presentations to attend. Topics to be covered include the psychological/social development of teenagers and the needs and challenges faced by parents, families, teachers, and mental health professionals as they attempt to help both children and adults thrive in relationships.

You'll also hear about how to take care of yourself so that you can take care of others without burn-out. You will learn actionable strategies for maintaining productive, satisfying, and healthy relationships.

This conference also aims to address issues unique to expats' experience and maintaining positive relationships in mobile lives, as well as how to manage stressful times.

This exciting event is ideal for anyone who's looking to improve their relationships and for others in a helping profession in which you're trying to guide others.

€20

**SPECIAL YEAR-ONE
PRICE PER PERSON
FOR CONFERENCE ONLY**

€40

**PRICE PER PERSON FOR CONFERENCE
+ RECORDINGS OF ALL 11 SESSIONS
(INCLUDES ALL BREAK-OUT SPEAKERS)**

Keynote topics:



**Brain Development in Childhood and Adolescence:
How It Affects Relationships and What To Do About It**
Presented by dr. Milica Pejović Milovančević



Learning Inhibition: A "How To" Guide
Presented by dr. Danilo Pešić



Peer Group Relationships in Adolescence
Presented by dr. Katja Košir

Other topics:

Emotional Wellbeing at School: The Role of Relationships in Student Engagement
Presented by Joanna Bylinka-Stoch

**Emotional Intelligence and Development of Relationships in Everyday Life:
The Search Inside Yourself © Approach**
Presented by Vesna Kostić

**The Importance of Building Community
in Order to Build Diverse Meaningful Relationships**
Presented by Jane Rumsby

Empathy Strategies to Promote Healthy Relationships
Presented by Paula Bernal

Improve Your Relationships with Mental Fitness
Presented by April Scott

Living a Mobile Life: How to Build Relationships That Matter
Presented by dr. Urška Žugelj

Healthy Communication: It Starts in the Family
Presented by Elisabeth Escobar

How Adolescents Search for Identity and Navigate Crucial Relationships
Presented by Maja Lyon

*A special thank you to the International School of Belgrade
for their support in producing this event.*

*New Bridge Worldwide provides counselling, coaching, and psychoeducation to expatriates.
To learn more about our services go to www.newbridgeworldwide.com.
If you have any questions, send an email to info@newbridgeworldwide.com.*

Number of attendants is limited

